

# SEPTEMBER

## Lunch

### ST. JOHN XXIII CATHOLIC ELEMENTARY SCHOOL C1 - Lunch K-8

Monday	Tuesday	Wednesday	Thursday	Friday
<b>September 3, 2018</b>	<b>September 4, 2018</b>	<b>September 5, 2018</b>	<b>September 6, 2018</b>	<b>September 7, 2018</b>
LABOR DAY	MINI CORN DOGS ^ French Fries Pickle Chips Orange Sorbet 100% Juice Ketchup Choice of Milk	*NATIONAL CHEESE PIZZA DAY! CHEESE PIZZA WEDGE ^ Mixed Vegetables Diced Pears Choice of Milk	CRISPY CHICKEN PATTY ^ Hamburger Bun ^ Corn Baby Carrots Light Ranch Dressing Fresh Fruit BBQ Sauce Choice of Milk	SPAGHETTI W/MEATBALLS Green Beans Fresh Fruit Choice of Milk
<b>September 10, 2018</b>	<b>September 11, 2018</b>	<b>September 12, 2018</b>	<b>September 13, 2018</b>	<b>September 14, 2018</b>
CRUNCHY CHICKEN TENDERS ^ Sweet Potato Puffs Maple Baked Beans Applesauce Cup BBQ Sauce Ketchup Choice of Milk	BAGEL DOG ^ Mixed Vegetables Pickle Chips Blended Fruit Juice Mustard Ketchup Choice of Milk	SALISBURY STEAK W/ GRAVY Sliced Bread ^ Mashed Potatoes Baby Carrots Light Ranch Dressing Fresh Fruit Choice of Milk	CHEESE PIZZA WEDGE ^ Fresh Broccoli Florets Light Ranch Dressing Mixed Fruit Cup Choice of Milk	BBQ CHICKEN Hamburger Bun ^ Corn Fresh Fruit Choice of Milk
<b>September 17, 2018</b>	<b>September 18, 2018</b>	<b>September 19, 2018</b>	<b>September 20, 2018</b>	<b>September 21, 2018</b>
CHICKEN NUGGETS ^ Marinara Dipping Sauce Green Beans Mixed Fruit Cup Choice of Milk	*BREAKFAST FOR LUNCH* PANCAKES & SAUSAGE ^ Potato Rounds SunSet Sip Juice Diced Pears Syrup Ketchup Choice of Milk	PEPPERONI PIZZA WEDGE ^ Romaine Lettuce Light Ranch Dressing Diced Peaches Choice of Milk	MAC & CHEESE ^ Mixed Vegetables Crunchy Celery Sticks Light Ranch Dressing Fresh Fruit Choice of Milk	*FRESH FEATURE FRIDAY* CHARBROILED HAMBURGER Hamburger Bun ^ Maple Baked Beans Green Pepper Slices Light Ranch Dressing Fresh Fruit Mustard Ketchup Choice of Milk
<b>September 24, 2018</b>	<b>September 25, 2018</b>	<b>September 26, 2018</b>	<b>September 27, 2018</b>	<b>September 28, 2018</b>
MEATLESS MONDAY** PIZZA DIPPERS ^ Marinara Dipping Sauce Mixed Vegetables Applesauce Cup Choice of Milk	CHICKEN QUESO BURRITO ^ Salsa Cup Refried Beans Pineapple Tidbits Choice of Milk	RANCH TURKEY BURGER Hamburger Bun ^ Chipotle Ranch French Fries Crunchy Celery Sticks Light Ranch Dressing Fresh Fruit Ketchup Choice of Milk	*MAKE YOUR OWN SALAD DAY* POPCORN CHICKEN ^ BBQ Sauce Romaine Lettuce Cucumber Coins Light Ranch Dressing Orange Juice Choice of Milk	HOT DOG Hot Dog Bun ^ Potato Rounds Corn Fresh Fruit Mustard Ketchup Choice of Milk

ALL MEALS SERVED WITH APPROPRIATE CONDIMENTS AND A CHOICE OF 1% AND FAT FREE MILK. \*\* MENU SUBJECT TO CHANGE \*\*

^ Denotes item is whole-grain/whole wheat

\*\*\* This institution is an equal opportunity provider.

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## Nutritional Information: ST. JOHN XXIII CATHOLIC ELEMENTARY SCHOOL

Nutrition Information and menus are planned using a blended estimate of milk choices served in schools. For individual milk nutrients consult actual labels on cartons served at the school.

	Item Name	Calories	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates(g)	Fiber (g)	Sugar (g)	Protein (g)	Vitamin A (IU)	Vitamin C (mg)	Calcium (mg)	Iron (mg)	Contributions
09-03-2018	LABOR DAY	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
09-04-2018	MINI CORN DOGS ^	259	13	3	0	40	369	31	2	11	12	0	66	100	2	MMA:2oz G/B:2sv WG
	French Fries	103	4	1	0	0	30	16	0	0	2	0	6	0	0	V:1/2c S
	Pickle Chips	5	0	0	0	0	330	1	0	0	0	2	1	23	0	V:1/4c O
	Orange Sorbet 100% Juice	70	0	0	0	0	5	19	3	15	0	600	60	60	0	F:1/2c
	Ketchup	10	0	0	0	0	45	2	0	1	0	0	0	0	0	
	Choice of Milk	121	1	1	0	8	139	19	0	17	8	493	0	302	0	
09-05-2018	*NATIONAL CHEESE PIZZA DAY!*	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
	CHEESE PIZZA WEDGE ^	344	13	6	0	31	618	34	2	3	20	91	0	517	2	MMA:2oz G/B:2sv WG V:1/4c RO
	Mixed Vegetables	56	0	0	0	0	34	12	3	4	2	397	14	22	1	V:1/4c RO V:1/4c S
	Diced Pears	66	0	0	0	0	6	16	2	12	2	0	1	6	0	F:1/2c
	Choice of Milk	121	1	1	0	8	139	19	0	17	8	493	0	302	0	
09-06-2018	CRISPY CHICKEN PATTY ^	240	13	2	0	25	520	15	2	0	16	0	0	40	1	MMA:2oz G/B:1sv WG
	Hamburger Bun ^	140	2	0	0	0	270	26	2	3	6	0	0	40	1	G/B:2sv WG
	Corn	73	1	0	0	0	3	17	2	2	2	8	5	3	0	V:1/2c S
	Baby Carrots	13	0	0	0	0	29	3	1	2	0	1528	1	12	0	V:1/4c RO
	Light Ranch Dressing	30	2	0	0	5	55	2	0	1	0	0	0	0	0	
	Fresh Fruit	0	0	0	0	0	0	0	0	0	0	0	0	0	0	F:1/2c
	BBQ Sauce	25	0	0	0	0	50	7	0	4	0	0	0	0	0	
	Choice of Milk	121	1	1	0	8	139	19	0	17	8	493	0	302	0	
09-07-2018	SPAGHETTI W/MEATBALLS	342	12	4	0	37	513	42	4	8	18	40	2	48	2	MMA:2oz G/B:1sv WG V:1/2c RO
	Green Beans	30	0	0	0	0	2	6	2	2	1	21	10	33	1	V:1/2c O
	Fresh Fruit	0	0	0	0	0	0	0	0	0	0	0	0	0	0	F:1/2c
	Choice of Milk	121	1	1	0	8	139	19	0	17	8	493	0	302	0	
09-10-2018	CRUNCHY CHICKEN TENDERS ^	260	15	2	0	25	390	16	3	1	15	30	0	0	2	MMA:2oz G/B:1sv WG
	Sweet Potato Puffs	153	5	1	0	0	133	24	4	12	2	295	1	7	0	V:1/2c RO
	Maple Baked Beans	162	0	0	0	0	285	34	7	11	7	62	0	88	3	V:1/2c L
	Applesauce Cup	51	0	0	0	0	2	14	1	12	0	1	1	5	0	F:1/2c
	BBQ Sauce	25	0	0	0	0	50	7	0	4	0	0	0	0	0	
	Ketchup	10	0	0	0	0	45	2	0	1	0	0	0	0	0	
	Choice of Milk	121	1	1	0	8	139	19	0	17	8	493	0	302	0	

## Nutritional Information: ST. JOHN XXIII CATHOLIC ELEMENTARY SCHOOL

Nutrition Information and menus are planned using a blended estimate of milk choices served in schools. For individual milk nutrients consult actual labels on cartons served at the school.

	Item Name	Calories	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates(g)	Fiber (g)	Sugar (g)	Protein (g)	Vitamin A (IU)	Vitamin C (mg)	Calcium (mg)	Iron (mg)	Contributions
09-11-2018	BAGEL DOG ^	311	14	5	0	30	695	34	3	5	11	0	0	60	2	MMA:2oz G/B:2sv WG
	Mixed Vegetables	56	0	0	0	0	34	12	3	4	2	397	14	22	1	V:1/4c RO V:1/4c S
	Pickle Chips	5	0	0	0	0	330	1	0	0	0	2	1	23	0	V:1/4c O
	Blended Fruit Juice	60	0	0	0	0	10	14	0	13	0	0	4	0	0	F:1/2c
	Mustard	5	0	0	0	0	20	0	0	0	0	0	0	0	0	
	Ketchup	10	0	0	0	0	45	2	0	1	0	0	0	0	0	
	Choice of Milk	121	1	1	0	8	139	19	0	17	8	493	0	302	0	
09-12-2018	SALISBURY STEAK W/ GRAVY	202	13	5	0	38	588	7	0	1	14	11	0	32	2	MMA:2oz
	Sliced Bread ^	68	1	0	0	0	107	11	2	2	3	0	0	26	1	G/B:1sv WG
	Mashed Potatoes	122	5	1	0	0	304	17	1	1	3	0	59	39	0	V:1/2c S
	Baby Carrots	13	0	0	0	0	29	3	1	2	0	1528	1	12	0	V:1/4c RO
	Light Ranch Dressing	30	2	0	0	5	55	2	0	1	0	0	0	0	0	
	Fresh Fruit	0	0	0	0	0	0	0	0	0	0	0	0	0	0	F:1/2c
	Choice of Milk	121	1	1	0	8	139	19	0	17	8	493	0	302	0	
09-13-2018	CHEESE PIZZA WEDGE ^	344	13	6	0	31	618	34	2	3	20	91	0	517	2	MMA:2oz G/B:2sv WG V:1/4c RO
	Fresh Broccoli Florets	9	0	0	0	0	9	2	0	0	1	48	286	15	0	V:1/2c DG
	Light Ranch Dressing	30	2	0	0	5	55	2	0	1	0	0	0	0	0	
	Mixed Fruit Cup	64	0	0	0	0	4	16	1	13	2	8	4	8	0	F:1/2c
	Choice of Milk	121	1	1	0	8	139	19	0	17	8	493	0	302	0	
09-14-2018	BBQ CHICKEN	194	5	2	0	55	453	17	0	10	22	49	1	14	0	MMA:2oz V:1/4c RO
	Hamburger Bun ^	140	2	0	0	0	270	26	2	3	6	0	0	40	1	G/B:2sv WG
	Corn	73	1	0	0	0	3	17	2	2	2	8	5	3	0	V:1/2c S
	Fresh Fruit	0	0	0	0	0	0	0	0	0	0	0	0	0	0	F:1/2c
	Choice of Milk	121	1	1	0	8	139	19	0	17	8	493	0	302	0	
09-17-2018	CHICKEN NUGGETS ^	225	12	2	0	44	475	12	1	0	16	38	0	0	0	MMA:2oz G/B:1sv WG
	Marinara Dipping Sauce	76	4	0	0	0	305	9	0	0	2	16	0	5	0	V:1/2c RO
	Green Beans	30	0	0	0	0	2	6	2	2	1	21	10	33	1	V:1/2c O
	Mixed Fruit Cup	64	0	0	0	0	4	16	1	13	2	8	4	8	0	F:1/2c
	Choice of Milk	121	1	1	0	8	139	19	0	17	8	493	0	302	0	
09-18-2018	*BREAKFAST FOR LUNCH*	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
	PANCAKES & SAUSAGE ^	309	13	4	0	50	526	30	4	7	18	3	0	133	3	MMA:2oz G/B:2sv WG
	Potato Rounds	109	3	1	0	0	18	18	2	0	2	0	5	0	0	V:1/2c S
	SunSet Sip Juice	45	0	0	0	0	15	11	0	10	0	150	60	0	0	V:1/2c RO
	Diced Pears	66	0	0	0	0	6	16	2	12	2	0	1	6	0	F:1/2c
	Syrup	80	0	0	0	0	10	20	0	10	0	0	0	0	0	
	Ketchup	10	0	0	0	0	45	2	0	1	0	0	0	0	0	
	Choice of Milk	121	1	1	0	8	139	19	0	17	8	493	0	302	0	

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	Item Name	Calories	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates(g)	Fiber (g)	Sugar (g)	Protein (g)	Vitamin A (IU)	Vitamin C (mg)	Calcium (mg)	Iron (mg)	Contributions
09-19-2018	PEPPERONI PIZZA WEDGE ^	356	15	6	0	36	798	34	2	2	20	68	0	414	2	MMA:2oz G/B:2sv WG V:1/4c RO
	Romaine Lettuce	5	0	0	0	0	2	1	1	0	0	124	1	9	0	V:1/2c DG
	Light Ranch Dressing	30	2	0	0	5	55	2	0	1	0	0	0	0	0	
	Diced Peaches	62	0	0	0	0	6	15	1	13	2	18	2	4	0	F:1/2c
	Choice of Milk	121	1	1	0	8	139	19	0	17	8	493	0	302	0	
09-20-2018	MAC & CHEESE ^	401	19	11	0	58	828	39	2	9	19	140	0	458	1	MMA:2oz G/B:1sv WG
	Mixed Vegetables	56	0	0	0	0	34	12	3	4	2	397	14	22	1	V:1/4c RO V:1/4c S
	Crunchy Celery Sticks	5	0	0	0	0	26	1	0	1	0	7	1	13	0	V:1/4c O
	Light Ranch Dressing	30	2	0	0	5	55	2	0	1	0	0	0	0	0	
	Fresh Fruit	0	0	0	0	0	0	0	0	0	0	0	0	0	0	F:1/2c
	Choice of Milk	121	1	1	0	8	139	19	0	17	8	493	0	302	0	
09-21-2018	*FRESH FEATURE FRIDAY*	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
	CHARBROILED HAMBURGER	147	10	4	0	40	220	2	0	0	12	3	0	25	1	MMA:2oz
	Hamburger Bun ^	140	2	0	0	0	270	26	2	3	6	0	0	40	1	G/B:2sv WG
	Maple Baked Beans	162	0	0	0	0	285	34	7	11	7	62	0	88	3	V:1/2c L
	Green Pepper Slices	15	0	0	0	0	2	4	1	2	1	14	61	8	0	V:1/4c O
	Light Ranch Dressing	30	2	0	0	5	55	2	0	1	0	0	0	0	0	
	Fresh Fruit	0	0	0	0	0	0	0	0	0	0	0	0	0	0	F:1/2c
	Mustard	5	0	0	0	0	20	0	0	0	0	0	0	0	0	
	Ketchup	10	0	0	0	0	45	2	0	1	0	0	0	0	0	
	Choice of Milk	121	1	1	0	8	139	19	0	17	8	493	0	302	0	
09-24-2018	MEATLESS MONDAY**	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
	PIZZA DIPPERS ^	290	11	5	0	20	530	30	3	6	19	80	0	350	2	MMA:2oz G/B:2sv WG
	Marinara Dipping Sauce	76	4	0	0	0	305	9	0	0	2	16	0	5	0	V:1/2c RO
	Mixed Vegetables	56	0	0	0	0	34	12	3	4	2	397	14	22	1	V:1/4c RO V:1/4c S
	Applesauce Cup	51	0	0	0	0	2	14	1	12	0	1	1	5	0	F:1/2c
	Choice of Milk	121	1	1	0	8	139	19	0	17	8	493	0	302	0	
09-25-2018	CHICKEN QUESO BURRITO ^	310	12	4	0	40	411	33	4	2	19	66	2	173	2	MMA:2oz G/B:2sv WG
	Salsa Cup	31	0	0	0	0	96	6	1	0	1	141	3	0	2	V:1/4c RO
	Refried Beans	118	0	0	0	0	74	22	7	0	7	0	2	20	2	V:1/2c L
	Pineapple Tidbits	68	0	0	0	0	2	16	1	14	2	4	10	14	0	F:1/2c
	Choice of Milk	121	1	1	0	8	139	19	0	17	8	493	0	302	0	

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	Item Name	Calories	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates(g)	Fiber (g)	Sugar (g)	Protein (g)	Vitamin A (IU)	Vitamin C (mg)	Calcium (mg)	Iron (mg)	Contributions
09-26-2018	RANCH TURKEY BURGER	148	8	2	0	41	327	4	0	1	15	21	1	73	2	MMA:2oz
	Hamburger Bun ^	140	2	0	0	0	270	26	2	3	6	0	0	40	1	G/B:2sv WG
	Chipotle Ranch	30	2	0	0	5	55	2	0	1	0	0	0	8	0	
	French Fries	103	4	1	0	0	30	16	0	0	2	0	6	0	0	V:1/2c S
	Crunchy Celery Sticks	5	0	0	0	0	26	1	0	1	0	7	1	13	0	V:1/4c O
	Light Ranch Dressing	30	2	0	0	5	55	2	0	1	0	0	0	0	0	
	Fresh Fruit	0	0	0	0	0	0	0	0	0	0	0	0	0	0	F:1/2c
	Ketchup	10	0	0	0	0	45	2	0	1	0	0	0	0	0	
	Choice of Milk	121	1	1	0	8	139	19	0	17	8	493	0	302	0	
09-27-2018	*MAKE YOUR OWN SALAD DAY*	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
	POPCORN CHICKEN ^	255	14	3	0	22	388	16	3	1	16	33	0	0	2	MMA:2oz G/B:1sv WG
	BBQ Sauce	25	0	0	0	0	50	7	0	4	0	0	0	0	0	
	Romaine Lettuce	5	0	0	0	0	2	1	1	0	0	124	1	9	0	V:1/2c DG
	Cucumber Coins	5	0	0	0	0	1	1	0	0	0	2	1	5	0	V:1/4c O
	Light Ranch Dressing	30	2	0	0	5	55	2	0	1	0	0	0	0	0	
	Orange Juice	56	0	0	0	0	1	13	0	10	1	27	48	11	0	F:1/2c
	Choice of Milk	121	1	1	0	8	139	19	0	17	8	493	0	302	0	
09-28-2018	HOT DOG	130	11	4	0	30	400	2	0	1	5	0	0	20	1	MMA:2oz
	Hot Dog Bun ^	110	2	0	0	0	230	19	2	3	5	0	0	80	1	G/B:1.5sv WG
	Potato Rounds	109	3	1	0	0	18	18	2	0	2	0	5	0	0	V:1/2c S
	Corn	73	1	0	0	0	3	17	2	2	2	8	5	3	0	V:1/2c S
	Fresh Fruit	0	0	0	0	0	0	0	0	0	0	0	0	0	0	F:1/2c
	Mustard	5	0	0	0	0	20	0	0	0	0	0	0	0	0	
	Ketchup	10	0	0	0	0	45	2	0	1	0	0	0	0	0	
	Choice of Milk	121	1	1	0	8	139	19	0	17	8	493	0	302	0	

Meal Contributions : M/MA = Meat/Meat Alternate F = Fruit V = Vegetable G/B = Grain/Bread W/G = Whole Grain  
 Vegetable Types : DG = Dark Green R/O = Red/Orange L = Legumes S = Starchy O = Other

# Allergen Information: ST. JOHN XXIII CATHOLIC ELEMENTARY SCHOOL

**ALLERGEN WARNING:** This menu is for reference only, and the food products delivered to schools are subject to change without notice. Accurate and up-to-date ingredient information regarding ingredients – including the 8 major food allergens – is available on the product label at your school. To avoid exposure to these food allergens, refer to the actual product label. **FAILURE TO DO SO MAY RESULT IN INADVERTENT EXPOSURE TO FOOD ALLERGENS.**

	Item Name	Milk	Egg	Peanut	Tree Nut	Fish	Shellfish	Soy	Wheat
09-03-2018	LABOR DAY								
09-04-2018	MINI CORN DOGS ^	X	X					X	X
	French Fries							X	
	Pickle Chips								
	Orange Sorbet 100% Juice								
	Ketchup								
	Choice of Milk	X							
09-05-2018	*NATIONAL CHEESE PIZZA DAY!*								
	CHEESE PIZZA WEDGE ^	X						X	X
	Mixed Vegetables								
	Diced Pears								
	Choice of Milk	X							
09-06-2018	CRISPY CHICKEN PATTY ^							X	X
	Hamburger Bun ^	X						X	X
	Corn								
	Baby Carrots								
	Light Ranch Dressing	X	X					X	
	Fresh Fruit								
	BBQ Sauce							X	
	Choice of Milk	X							
09-07-2018	SPAGHETTI W/MEATBALLS	X	X					X	X
	Green Beans								
	Fresh Fruit								
	Choice of Milk	X							
09-10-2018	CRUNCHY CHICKEN TENDERS ^							X	X
	Sweet Potato Puffs							X	
	Maple Baked Beans								
	Applesauce Cup								
	BBQ Sauce							X	
	Ketchup								
	Choice of Milk	X							

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	Item Name	Milk	Egg	Peanut	Tree Nut	Fish	Shellfish	Soy	Wheat
09-11-2018	BAGEL DOG ^							X	X
	Mixed Vegetables								
	Pickle Chips								
	Blended Fruit Juice								
	Mustard								
	Ketchup								
	Choice of Milk	X							
09-12-2018	SALISBURY STEAK W/ GRAVY	X						X	X
	Sliced Bread ^								
	Mashed Potatoes	X						X	
	Baby Carrots								
	Light Ranch Dressing	X	X					X	
	Fresh Fruit								
	Choice of Milk	X							
09-13-2018	CHEESE PIZZA WEDGE ^	X						X	X
	Fresh Broccoli Florets								
	Light Ranch Dressing	X	X					X	
	Mixed Fruit Cup								
	Choice of Milk	X							
09-14-2018	BBQ CHICKEN							X	
	Hamburger Bun ^	X						X	X
	Corn								
	Fresh Fruit								
	Choice of Milk	X							
09-17-2018	CHICKEN NUGGETS ^							X	X
	Marinara Dipping Sauce	X						X	
	Green Beans								
	Mixed Fruit Cup								
	Choice of Milk	X							
09-18-2018	*BREAKFAST FOR LUNCH*								
	PANCAKES & SAUSAGE ^	X	X					X	X
	Potato Rounds							X	
	SunSet Sip Juice								
	Diced Pears								
	Syrup								
	Ketchup								
	Choice of Milk	X							

# Allergen Information: ST. JOHN XXIII CATHOLIC ELEMENTARY SCHOOL

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	Item Name	Milk	Egg	Peanut	Tree Nut	Fish	Shellfish	Soy	Wheat
09-19-2018	PEPPERONI PIZZA WEDGE ^	X						X	X
	Romaine Lettuce								
	Light Ranch Dressing	X	X					X	
	Diced Peaches								
	Choice of Milk	X							
09-20-2018	MAC & CHEESE ^	X						X	X
	Mixed Vegetables								
	Crunchy Celery Sticks								
	Light Ranch Dressing	X	X					X	
	Fresh Fruit								
	Choice of Milk	X							
09-21-2018	*FRESH FEATURE FRIDAY*								
	CHARBROILED HAMBURGER							X	
	Hamburger Bun ^	X						X	X
	Maple Baked Beans								
	Green Pepper Slices								
	Light Ranch Dressing	X	X					X	
	Fresh Fruit								
	Mustard								
	Ketchup								
	Choice of Milk	X							
09-24-2018	MEATLESS MONDAY**								
	PIZZA DIPPERS ^	X	X					X	X
	Marinara Dipping Sauce	X						X	
	Mixed Vegetables								
	Applesauce Cup								
	Choice of Milk	X							
09-25-2018	CHICKEN QUESO BURRITO ^	X						X	X
	Salsa Cup								
	Refried Beans							X	
	Pineapple Tidbits								
	Choice of Milk	X							



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	Item Name	Milk	Egg	Peanut	Tree Nut	Fish	Shellfish	Soy	Wheat
09-26-2018	RANCH TURKEY BURGER	X						X	X
	Hamburger Bun ^	X						X	X
	Chipotle Ranch	X	X						
	French Fries							X	
	Crunchy Celery Sticks								
	Light Ranch Dressing	X	X					X	
	Fresh Fruit								
	Ketchup								
	Choice of Milk	X							
09-27-2018	*MAKE YOUR OWN SALAD DAY*								
	POPCORN CHICKEN ^							X	X
	BBQ Sauce							X	
	Romaine Lettuce								
	Cucumber Coins								
	Light Ranch Dressing	X	X					X	
	Orange Juice								
	Choice of Milk	X							
09-28-2018	HOT DOG								
	Hot Dog Bun ^	X						X	X
	Potato Rounds							X	
	Corn								
	Fresh Fruit								
	Mustard								
	Ketchup								
	Choice of Milk	X							